Colusa County Supportive Services

Colusa County Public Health Department Offers:
- Maternal health education and referral
- Breastfeeding support and education
- Child safety seat program
- Immunization education and referral
- California Children Services
- Child Health & Disability Prevention program
- Monday-Friday 8AM-4:30PM
  251 E. Webster Street
  Colusa, CA 95932
  (530) 458-0380
  1-(800)-655-3110

Colusa County Social Services Offer:
- Medi-Cal & insurance services
- Cal-Fresh & Cal-Works application support
- Housing support for Colusa County residents
- Monday-Friday 8AM-4:30PM
  251 E. Webster Street
  Colusa, CA 95932
  (530) 458-0250

Woman, Infant and Children Program (WIC)
Offers:
- Nutrition and health education
- Breastfeeding support
- Nutritious food assistance
- Tuesday-Friday: 8AM-6:30PM
  515 Fremont Street
  Colusa, CA 95932
  (530) 458-5503

Family Action Centers of Colusa County Offer:
- Certified Lactation Counselors
- Free new parent kits
- Parenting classes
- Cal-Fresh application assistance
- Application assistance
- Child passenger safety classes
- Car seat check ups
- Food Distribution

Arbuckle Center:
812 King Street
Arbuckle, CA 95912
(530) 476-0822
www.afackids.org

Williams Center:
602 12th Street
Williams, CA 95987
(530) 473-5400
www.wfackids.org

First 5 Colusa Office:
217 9th Street, Suite B
Colusa, CA 95932
(530) 458-5555
www.first5colusakids.org

Supported by funds received from the California Department of Public Health, Maternal, Child and Adolescent Health Division

Remember!
Hospitals need to see your baby’s car seat before you are discharged from the hospital. Be proactive and schedule a car seat class with the Family Action Centers or First 5 Colusa. See the back of brochure for contact information.
# Prenatal Care

**Prenatal Care Providers**

**Yuba-Sutter Counties**

**Moms should start prenatal care during the first trimester (1-12 Weeks)**

**Prenatal Care:**
- Special medical care while you are pregnant.
- Most moms get at least 10 visits
- Your doctor/midwife will monitor the baby and check on your health.

**Benefits of Prenatal Care in the first trimester:**
- More likely to deliver a full-term baby at a healthy baby weight.
- Can protect you and your baby from medical complication during pregnancy and birth.

**For additional information visit:**
- Womenshealth.gov
- Marchofdimes.org
- Text “BABY” to 511411 to receive free Information on baby’s growth, labor signs, and more.

## Insurance

**If you don’t have insurance visit a Presumptive Eligibility (PE) provider** to see if you qualify for free temporary coverage while applying for Medi-Cal.

Call your insurance plan if you have any questions and to get a list of other providers that are covered under your plan.

- Medi-Cal Anthem Blue Cross (MABC)
  - Phone: 1 (800) 407-4627
- Medi-Cal California Health and Wellness (MCHW)
  - Phone: 1 (877) 658-0305
- Straight Medi-Cal
  - Phone: 1 (800) 541-5555
- Private insurance
  - Phone: listed on insurance card

If you need to switch your Medi-Cal managed care plan please call 1 (800) 430-4263

## Transportation Services

Medi-Cal managed care plans can provide transportation to prenatal care appointments. Call at least 5 days in advance from your appointment date to make a transportation reservation.

California Health and Wellness Medi-Cal members call:
1 (877) 658-0305

Anthem Blue Cross Medi-Cal member call:
1 (800) 931-4755

# Butte County

**Enloe Women’s Services Esplanade**
1665 Esplanade, Chico, CA 95926
(530) 332-5070
www.enloe.org
Adds: MABC, MCHW, Straight Medi-Cal, most private insurance

**Enloe Women’s Services Magnolia**
1405 Magnolia Avenue, Suite A, Chico, CA 95926
(530) 332-5080
www.enloe.org
Adds: MABC, MCHW, Straight Medi-Cal, most private insurance

**Northern Valley Indian Health-Better Babies (PE Provider)**
500 Cohasset Road, Chico, CA 95926
(530) 894-5585
www.nvih.org
Adds: PE, MABC, MCHW, Straight Medi-Cal, most private insurance

# Yolo County

**Hansen Family Health Center (PE provider)**
215 West Beamer Street
Woodland, CA 95695
(530) 405-2800
www.communicarehc.org
Adds: PE, Straight Medi-Cal, MCHW, most private insurance

**Woodland Healthcare/Dignity Health**
1325 Cottonwood Street
Woodland CA 95695
(530) 668-2600
www.dignityhealth.org
Adds: Straight Medi-Cal, most private insurance