

Colusa County Partners for Health Meeting Minutes

July 26th, 2018

Colusa County Veterans Hall
Colusa, CA

Members in Attendance: SK- Tobacco Ed; AP- Tobacco Ed; TM – River City Medical Group; CS – UCCE; ED – UCCE; EA – MCAH & SNAP-Ed; AO – Oral Health; MB – CHC; AP – Anthem Blue Cross; IR – CCOE; JM – SNAP-Ed/CHC; BD – DHHS; JR – CCOE; DG – CCOE – CS;

1. Welcome & Finalize Brochure

2. Goals Chart Template Review for Subcommittee Breakout

3. Subcommittee Breakout

- Oral Health
- Tobacco Education
- Nutrition & Physical Activity

4. Subcommittee Sharing

- Oral Health
 - For the remainder of this year, conduct a needs assessment, develop a Community Action Plan, develop a Communication Plan method, and develop a general agreement with the coalition. After, conduct a 5-year Oral Health Improvement Plan and a program logic model.
 - Need to conduct key informant interviews to get information on needs in the community. Also conducting data collection for this county.
- Tobacco Education
 - Young Adult Tobacco Purchase Survey – TUPE Coordinator will help us coordinate with young adults.
 - Long Term Goal:
 - Unveil results of the survey to city council members, BOS, and in the paper. Could either be a call for change or a celebration based on results.
- Nutrition & Physical Activity (revised subcommittee name)
 - As a group, we would like to include “Physical Activity” into the subcommittee name
 - Short term goals:
 - Williams Upper & Lower schools have lost their PE teachers. Cooperative Extension wants to make it a priority to train the teachers on doing physical education (middle & elementary school).

- Physical activity and services with early childcare sides. Possibly work on doing playground stenciling or policy work to get school policies in place (like a school wellness policy but for early childcare).
- Long term goals for the next year:
 - Overall, increase the community and school nutrition classes that are happening across the county.
 - Tactic: Cooperative extension is conducting teen cooking classes with 4H youth. SNAP-Ed also has classes.
 - Get more involved with school wellness committees.
 - Overall as a group, we are brainstorming on how to capture our successes and spread the word of our activities throughout the counties.

4. Calendar Review

- No updates – will be available on website ASAP.
 - A suggestion to create a Facebook page was made. AP will create a FB for group and update at next meeting.
 - **Social Media Facilitators/Workgroup: AP, IR, JM, CS, TM**

5. Partner Sharing

- **JR CCOE** – In October, will be attending National Summit on Smokeless Tobacco.
- **JM CHC** – Working on a success story; writing it on CPH and the collaboration of a county-wide health coalition.
- **ED UCCE** – Began position 3 months ago and have been really active in the schools. Doing summer programming with the schools; looking forward to working on the “Teens as Teachers” grant that we are collaborating with 4H on at Pierce High School. We have identified the schools and will be recruiting and starting that in spring. We are looking to do a youth engagement project at Pierce High School and hoping in the future to branch out to the rest of the schools. Becoming part of the wellness committee within the schools (Williams, Colusa, and Pierce all have them).
- **CS UCCE** – Job vacancy for a community education supervisor that will oversee Sutter, Yuba, and Colusa position. Will be on UCANR website within the next 2 weeks. Have classes coming up with Plazas Comunitarias – 9 week adult education classes for adults with families.
- **EP Anthem Blue Cross** – Looking to partner with county events.
- **TM River City Medical Group** – If anyone has any member questions, I can get them to the right place. We are happy to do things in the community as well.
 - If you would like to reach out to River City Medical Group, contact **Tiffany McFadden**
 - Tmcfadden@rcmg.com; (916) 329-8005

Next Meeting:

Thursday September 13th 12:00 – 2:00 Colusa Veterans Hall

- Group photo! Will submit a success story to the Williams Pioneer Review with photo.
- Think of hashtag for group on Facebook