

## Colusa County Supportive Services

### Colusa County Public Health Department Offers:

- Maternal health education and referral
  - Breastfeeding support and education
  - Child safety seat program
  - Immunization education and referral
  - California Children Services
  - Child Health & Disability Prevention program
  - Monday-Friday 8AM-4:30PM
- 251 E. Webster Street  
Colusa, CA 95932  
(530) 458-0380  
1-(800)-655-3110



### Colusa County Social Services Offer:

- Medi-Cal & insurance services
  - Cal-Fresh & Cal-Works application support
  - Housing support for Colusa County residents
  - Monday-Friday 8AM-4:30PM
- 251 E. Webster Street  
Colusa, CA 95932  
(530) 458-0250

### Woman, Infant and Children Program (WIC)

#### Offers:

- Nutrition and health education
  - Breastfeeding support
  - Nutritious food assistance
  - Tuesday-Friday: 8AM-6:30PM
- 515 Fremont Street  
Colusa, CA 95932  
(530) 458-5503



#### Remember!

Hospitals need to see your baby's car seat before you are discharged from the hospital. Be proactive and schedule a car seat class with the Family Action Centers or First 5 Colusa. See the back of brochure for contact information.



### Family Action Centers of Colusa County Offer:

- Certified Lactation Counselors
- Free new parent kits
- Parenting classes
- Cal-Fresh application assistance
- Application assistance
- Child passenger safety classes
- Car seat check ups
- Food Distribution



**Arbuckle Center:**  
812 King Street  
Arbuckle, CA 95912  
(530) 476-0822  
[www.afackids.org](http://www.afackids.org)

**Williams Center:**  
602 12th Street  
Williams, CA 95987  
(530) 473-5400  
[www.wfackids.org](http://www.wfackids.org)

**First 5 Colusa Office:**  
217 9th Street, Suite B  
Colusa, CA 95932  
(530) 458-5555  
[www.first5colusakids.org](http://www.first5colusakids.org)



**Public Health**  
Prevent. Promote. Protect.

Colusa County

Supported by funds received from the California Department of Public Health, Maternal, Child and Adolescent Health Division

## Pregnancy Resource Guide



## Prenatal Care Providers for Colusa County Women

Colusa County Public Health Division  
Maternal Child and Adolescent Program (MCAH)

## Prenatal Care

Moms should start prenatal care during the first trimester (1-12 Weeks)

### Prenatal Care:

- Special medical care while you are pregnant.
- Most moms get at least 10 visits
- Your doctor/midwife will monitor the baby and check on your health.

### Benefits of Prenatal Care in the first trimester:

- More likely to deliver a **full-term baby at a healthy baby weight.**
- Can protect you and your baby from medical complication during pregnancy and birth.

### For additional information visit:

- Womenshealth.gov
- Marchofdimes.org
- Text "BABY" to 511411 to receive free Information on baby's growth, labor signs, and more.



## Insurance

If you don't have insurance visit a **Presumptive Eligibility (PE) provider** to see if you qualify for free temporary coverage while applying for Medi-Cal.

Call your insurance plan if you have any questions and to get a list of other providers that are covered under your plan.

- Medi-Cal Anthem Blue Cross (MABC)**  
Phone: 1 (800) 407-4627
- Medi-Cal California Health and Wellness (MCHW)**  
Phone: 1 (877) 658-0305
- Straight Medi-Cal** Phone: 1 (800) 541-5555
- Private insurance** phone: listed on insurance card

If you need to switch your Medi-Cal managed care plan please call **1 (800) 430-4263**

## Prenatal Care Providers Yuba-Sutter Counties

### Adventist Health + Rideout Women's Health

1007 Live Oak Blvd, Suite B2, Yuba City, CA 96991  
(530) 671-8718  
www.rideoutwomenshealth.org  
Accepts: Straight Medi-Cal, MABC, MCHW, most private insurance

### Harmony Health Clinic and Family Resource Center: (PE provider)

1908 North Beale Road, Suite E, Marysville, CA 95901  
(530) 743-6888  
www.myharmonyhealth.org  
Accepts: PE, MABC, MCHW, Straight Medi-Cal, most private Insurance

### Sutter Medical Foundation

969 Plumas Street, Suite 103, Yuba City, CA 95991  
(530) 749-3585  
www.sutterhealth.org  
Accepts: MCHW, MABC, Straight Medi-Cal, most private insurance

### Woman's Circle Midwife Services (PE provider)

1003 Plumas Street, Yuba City, CA 95991  
(530) 751-2273  
www.yubasuttermidwife.com  
Accepts: PE, MABC, MCHW, Straight Medi-Cal, Private\*

## Transportation Services



Medi-Cal managed care plans can provide transportation to prenatal care appointments. Call at least 5 days in advance from your appointment date to make a transportation reservation.

California Health and Wellness Medi-Cal members call:  
**1 (877) 658-0305**

Anthem Blue Cross Medi-Cal member call:  
**1 (800) 931-4755**

## Butte County

### Enloe Women's Services Esplanade

1665 Esplanade, Chico, CA 95926  
(530) 332-5070  
www.enloe.org  
Accepts: MABC, MCHW, Straight Medi-Cal, most private insurance

### Enloe Women's Services Magnolia

1405 Magnolia Avenue, Suite A, Chico, CA 95926  
(530) 332-5080  
www.enloe.org  
Accepts: MABC, MCHW, Straight Medi-Cal, most private insurance

### Northern Valley Indian Health-Better Babies (PE Provider)

500 Cohasset Road, Chico, CA 95926  
(530) 894-5585  
www.nvih.org  
Accepts: PE, MABC, MCHW, Straight Medi-Cal, most private insurance

## Yolo County

### Hansen Family Health Center (PE provider)

215 West Beamer Street  
Woodland, CA 95695  
(530) 405-2800  
www.communicarehc.org  
Accepts: PE, Straight Medi-Cal, MCHW, most private insurance



### Woodland Healthcare/Dignity Health

1325 Cottonwood Street  
Woodland CA 95695  
(530) 668-2600  
www.dignityhealth.org  
Accepts: Straight Medi-Cal, most private insurance