Colusa County Partners for Health
Colusa Industrial Properties Meeting Room- 100 Sunrise Blvd. Colusa, CA
February 19, 2020
12:00 – 2:30 PM


1. **12:00-12:15 INTRODUCTIONS**
   a. Share your name and organization

2. **12:15-1:15 Consensus Workshop**
   a. The aim of the workshop
      i. Is to create a new awareness for health related issues in Colusa County, identify potential collaborative solutions to these issues, and gain energy and momentum to address these issues.
   b. The workshop question
      i. “What strategies should we focus on as a group to create an environment for a healthful Colusa County?”
   c. Brainstorm/Decisional
      i. What does a healthful Colusa County look like for CCPH?
         1. Member Feedback:
            a. Healthy stable families
            b. Transparency
            c. Resources
            d. Access to services directly
            e. Increase in local services
            f. Safe
   d. Clustering & Naming of Strategies
      i. Square- Resource Awareness & Service Navigation
         1. Strategies- county resource awareness campaign, inclusive access (a seat at every table), communication across sectors (private & public agencies), referral system (211), educating community on services.
      ii. Sun- Community Health Education
         1. Strategies- promoting healthy lifestyles, limit exposure to technology, health education, health & well-being literacy, importance of oral health to overall health.
      iii. Triangle- Food & Activity Access
         1. Strategies- family cooking days, access to healthy foods, food delivery for those unable to drive, increase physical activity, access to community kitchen, availability of fresh-food markets.
iv. Circle- Advocate & Educate
   1. Strategies- support from stakeholders, affordable housing, trauma informed care (ACES awareness), improve vector control, systems change, educating policy makers.

v. Star- Local & Equitable Access
   1. Strategies- wrap around coordinated systems of care, reaching out to the vulnerable, access to transportation, access to local services, access to local health care (mobile clinics?), equal access for all.

vi. Smile- Safety & Prevention
   1. Strategies- violence prevention support, wellness centers, safer neighborhoods, prevention awareness, and screenings for mental, physical, ACES.

vii. Flower- Sustainability
   1. Strategies- coordination related to grant funding & available resources, building capacity in local non-profits, program support for success.

viii. Heart- Improving Community Relationships
   1. Strategies- community feedback, getting community residents at the table, parent advocates, unity in neighborhoods, families going to parks, building trust within the community

3. 1:15-2:15 Subcommittee Breakout:
   a. Tobacco Education
   b. Nutrition & Physical Education
   c. Strengthening Families
   d. Oral Health

4. 2:15-2:30 Partner sharing:
   a. Join CCOE to learn about online safety and human trafficking prevention on Wednesday, February 26th 2020 from 3:30-6:30pm in Williams, CA.
      i. To register email ctinoco@ccoe.net

5. Establish next meeting date: March 19, 2020