

Colusa County Partners for Health

Colusa Industrial Properties Meeting Room- 100 Sunrise Blvd. Colusa, CA

February 19, 2020

12:00 – 2:30PM

Partners Attended: MR – PH, DV – PH, AO – PH, AP – PH, AL – CCOE, GG – CHC, JU – CGTCAP, BT – F5, GH – F5, KP – OS, LS – CMC, EK – DHHS, BL – CHC, BH – F5, AG – CHC, AT – CHC, JM – CHC, JP – TCEHA, JC – CSUC, KM – CSUC, TM – PH, IR – CCOE, LN – CCOE, SK – CCOE, RP – MD, MC – CAPC

1. 12:00-12:15 INTRODUCTIONS

- a. Share your name and organization

2. 12:15-1:15 Consensus Workshop

- a. The aim of the workshop
 - i. Is to create a new awareness for health related issues in Colusa County, identify potential collaborative solutions to these issues, and gain energy and momentum to address these issues.
- b. The workshop question
 - i. “What strategies should we focus on as a group to create an environment for a healthful Colusa County?”
- c. Brainstorm/Decisional
 - i. What does a healthful Colusa County look like for CCPH?
 1. Member Feedback:
 - a. Healthy stable families
 - b. Transparency
 - c. Resources
 - d. Access to services directly
 - e. Increase in local services
 - f. Safe
- d. Clustering & Naming of Strategies
 - i. Square- Resource Awareness & Service Navigation
 1. Strategies- county resource awareness campaign, inclusive access (a seat at every table), communication across sectors (private & public agencies), referral system (211), educating community on services.
 - ii. Sun- Community Health Education
 1. Strategies- promoting healthy lifestyles, limit exposure to technology, health education, health & well-being literacy, importance of oral health to overall health.
 - iii. Triangle- Food & Activity Access
 1. Strategies- family cooking days, access to healthy foods, food delivery for those unable to drive, increase physical activity, access to community kitchen, availability of fresh-food markets.

- iv. Circle- Advocate & Educate
 - 1. Strategies- support from stakeholders, affordable housing, trauma informed care (ACES awareness), improve vector control, systems change, educating policy makers.
- v. Star- Local & Equitable Access
 - 1. Strategies- wrap around coordinated systems of care, reaching out to the vulnerable, access to transportation, access to local services, access to local health care (mobile clinics?), equal access for all.
- vi. Smile- Safety & Prevention
 - 1. Strategies- violence prevention support, wellness centers, safer neighborhoods, prevention awareness, and screenings for mental, physical, ACES.
- vii. Flower- Sustainability
 - 1. Strategies- coordination related to grant funding & available resources, building capacity in local non-profits, program support for success.
- viii. Heart- Improving Community Relationships
 - 1. Strategies- community feedback, getting community residents at the table, parent advocates, unity in neighborhoods, families going to parks, building trust within the community

3. 1:15-2:15 Subcommittee Breakout:

- a. Tobacco Education
- b. Nutrition & Physical Education
- c. Strengthening Families
- d. Oral Health

4. 2:15-2:30 Partner sharing:

- a. Join CCOE to learn about online safety and human trafficking prevention on Wednesday, February 26th 2020 from 3:30-6:30pm in Williams, CA.
 - i. To register email ctinoco@ccoe.net

5. Establish next meeting date: March 19, 2020