

Senior Nutrition Programs

Homebound Meals

Lunch time meals delivered to your home. Meals are delivered once a week between 10:00am and 1:30pm.*

Criteria to be eligible for homebound delivery

- 60 years of age and older
- Recovering from an injury
- On medications that keep you home
- Compromised immune system

Call:

530-458-0380

For more information on the programs or for volunteer opportunities.



Or Join us for Lunch!

Monday-Friday

11am-1pm

738 Market St.

(Colusa County Public Library)

Colusa, CA 95932

Program provides nutritionally balanced hot lunch time meals to individuals who are 60 years of age and older.* **FREE TRANSPORTATION** can be arranged.

We look forward to having lunch with you!