Mental Health Services Act

Program and Expenditures Plan Update

Fiscal Years 2020-2021/2020-2023
What is MHSA?

In November of 2004, California voters passed Proposition 63, creating the Mental Health Services Act.

"...to create a state-of-the-art, culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families"

Vision Statement and Guiding Principles for Department of Mental Health implementation of MHSA
What is MHSA?

Guiding Principles
- Community Collaboration
- Cultural Competency
- Wellness, Recovery, Resiliency-Focused Services that are Individual or Family-Driven
- Access to Underserved Communities
- Creating an Integrated Service Array

Funding Components
- Community Services and Supports
- Prevention and Early Intervention
- Innovation
- Capital Facilities and Technology
- Workforce Education and Training
Services that focus on community collaboration, client and family driven services and systems, wellness, recovery and resilience, integrated service experiences for clients and families, as well as serving the unserved and underserved.

**Full-Service Partnerships**
- Support
- Employment
- Assistance
- Recovery
- Consumer Housing
- Wraparound

**Wellness & Recovery Center**
- Safe Haven
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<tr>
<th>Outreach and Engagement</th>
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<tr>
<td>Multi-Disciplinary Team Meetings</td>
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<th>Supporting Homelessness</th>
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<tr>
<td>Rapid Rehousing Program (3)</td>
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<td>California Emergency Solutions Housing (CESH)</td>
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<tr>
<td>Homeless Mentally Ill Outreach &amp; Treatment (HMIOT)</td>
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Prevention & Early Intervention

19% of MHSA Funding

Services that promote wellness, foster health, and prevent the suffering that can result from untreated mental illness.

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<tr>
<th>Prevention</th>
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<tr>
<td>Community Education</td>
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<td>Each Mind Matters</td>
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<tr>
<td>Cultural Competency Committee</td>
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<tr>
<th>Early Intervention</th>
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<td>2nd Step</td>
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<td>MHSA Infant to 5</td>
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<tr>
<th>Prevention</th>
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<tr>
<td>Club Live</td>
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<tr>
<td>Friday Night Live</td>
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<td>Life and Leadership – Circle of Solid Choices</td>
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Innovation

5% of MHSA Funding

A project that the County designs and implements for a defined time period and evaluates to develop new best practices in mental health services and supports.

Project approval from the Mental Health Services Oversight and Accountability Commission is required to expend any Innovation funds.
An INN program can be designed to:

1. Introduce a new mental health practice or approach that is new to the overall mental health system.

2. Make a change to an existing practice in the field of mental health, including application to a different population.

3. Apply to the mental health system a promising community-driven practice that has been successful in non-mental health contexts or setting.
Innovation

Current Projects
- Forensic Program: Approved July, 2014

Introducing for Community Review
- Social Determinants of Rural Mental Health
This component works towards the creation of a facility that is used for the delivery of MHSA services to mental health clients and their families or for administrative offices. Funding will be shuffled back into this account in January 2020.

PHOTO CREDIT: City of Colusa
Workforce Education & Training

Depleted but currently programs are being paid through CSS

Initiatives

- WET Volunteer Program
- Job Specific/Cultural Trainings
- Student Loan Repayment
- Internships
- National Health Corps

The WET component facilitates the development of a diverse workforce that can provide outreach to unserved and underserved populations, provide services that are linguistically and culturally competent and relevant, and includes the viewpoints and expertise of clients and their families/caregivers.
Anticipated Updates Fiscal Year 2020/2021 & 2020-2023 Three Year Plan

NEW

- Introducing new Innovation Project (Social Determinants of Rural Mental Health)
- Reinstated cultural competency committee
- PEI Priorities

CHANGED

- Forensic Program taken off the plan
- Moved CSS dollars into CFT for this fiscal year
- Matching dollars for new WET funding

PHOTO CREDIT: Terri Rivera
## Budget by Fiscal Year

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<tr>
<td>Community Services &amp; Supports</td>
<td>$2,941,961</td>
<td>$1,467,925</td>
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<tr>
<td>Prevention &amp; Early Intervention</td>
<td>$321,351</td>
<td>$271,244</td>
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<tr>
<td>Innovation</td>
<td>TBD in May</td>
<td>$260,036</td>
<td>$118,683</td>
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<td>Capital Facilities &amp; Technological Needs*</td>
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<td>Workforce Education &amp; Training *</td>
<td>$16,800</td>
<td>$27,975</td>
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<td><strong>Total Budget</strong></td>
<td><strong>$3,540,148</strong></td>
<td><strong>$1,885,827</strong></td>
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*one-time allocation, no annual allocation/Supplemented via CSS

**Note:** MHSA programs can be funded by more than one funding stream.
MHSA Program Plans

Provides an overview of:

- Colusa County
- MHSA initiatives in a descriptive, narrative format.
- Expenditure information by each component.
- Each program’s objectives, followed by supporting data if available.
- Annual updates are required in between each Three Year Plan.

PHOTO CREDIT: Colusa County Sun Herald
- **Community collaboration** is defined in the MHSA legislation as a process by which clients and/or families receiving services, other community members, agencies, organizations, and businesses work together to share information and resources in order to fulfill a shared vision and goals.

- Community meetings are used to facilitate **community participation**.
  - 4 community meetings

- **30-day public comment period** allows for further stakeholder input on the Annual Update
MHSA Plans

MHSA Program Plans: Where can I find it?


Beneficiary Handbooks
- Handbook in English
- Handbook in English (Large Print)
- Handbook in Spanish
- Handbook in Spanish (Large Print)

Reports
- Colusa County MHSA Annual Update FY15-16
- Colusa County MHSA Annual Update FY13-14
- Cultural Competence Plan FY11-12 Part 1
- Cultural Competence Plan FY11-12 Part 2
- Cultural Competence Plan FY11-12 Part 3
- Cultural Competence Plan FY11-12 Part 4
- Quality Improvement Work Plan FY15-16
- Quality Improvement Work Plan FY17-18
- Quality Improvement Work Plan FY18-19
- Colusa County MHSA 3-Year Plan (17-18) (19-20)
- Colusa County Expenditure Plan 17-20
- Colusa County MHSA 3-Year and Expenditure Plans FY17-20
- Colusa County MHSA Annual Update FY16-17
- Colusa County Annual Budget Report FY16-17
- Colusa County MHSA Annual Update FY19-20

DHCS Dashboard Reports
- Children's Performance Outcomes Report FY 16-17
- Children's Performance Outcomes Report with Graphs FY 16-17
- Adult Performance Outcomes Report #1 FY 16-17
- Adult Performance Outcomes Report #2 FY 16-17

EQRO Reports
- Colusa County BHS FY 16-17

Mental Health Board Meetings
The Mental Health Board meetings are held every 2nd Tuesday every month at 3:00 p.m. at:
Colusa County Behavioral Health
162 E. Carson Street, Room 102
Colusa, CA 95932
January 14, 2020
February 11, 2020
March 10, 2020
April 14, 2020
May 12, 2020
June 9, 2020
Behavioral Health would like to extend a heartfelt thank you to all of our consumers, stakeholders, and community members that contribute to the MHSA Program and Expenditure Plan.