

COUNTY OF COLUSA
BOARD OF SUPERVISORS

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COUNTY OF COLUSA
HEALTH & HUMAN SERVICES
PUBLIC HEALTH DIVISION
251 E. Webster Street
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To: Colusa County Agricultural Community

From: Dr. Gregory Burt, Colusa County Public Health Officer^{GB}
Denise Carter, Chair, Colusa County Board of Supervisors^{DJC}
Greg Hinton, Colusa County Agricultural Commissioner^{GH}

Date: April 16, 2020

Re: COVID-19 (Coronavirus)

While the State of California and Colusa County are under a Shelter-in-Place Order, these Orders include exceptions, and continue to classify farming, food processing and distribution operations, and their support businesses, as essential. With farming season permissible and in full swing, Colusa County Public Health wants to make sure you have the information, tools, and resources that you need to maintain a healthy workforce during the COVID-19 (Coronavirus) pandemic.

Registration procedures at the Migrant Housing Complex have been modified to adhere to current COVID-19 Orders and guidance, and to educate migrant workers and their families on measures to prevent spread of the disease. These measures continue to include physical distancing, cleansing of hands, equipment, and surfaces, sheltering in place, and wearing face coverings when conducting essential business or activities (including working). Colusa County Public Health has provided resource materials to support this initial education effort, and Ampla Health is partnering to provide services for those experiencing symptoms. In addition, the Migrant Housing Complex has set aside units to support isolation for any individual experiencing symptoms upon arrival. This initial interaction and education is the first step in mitigating potential spread in the agricultural community.

We need your help with the next step... As an employer, it is critical that you remain vigilant in both communicating the symptoms of COVID-19, and keeping an eye out for possible infection. These symptoms include fever, cough, shortness of breath, abdominal pain, nausea/vomiting, diarrhea, chills, muscle aches, and sore throats, and can range in severity. Individuals experiencing these symptoms should immediately isolate, and seek medical support.

CAL-OSHA has released specific guidance on [COVID-19 Infection Prevention for Agricultural Employers and Employees](#) highlighting employee training, procedures to help prevent COVID-19 spread at the worksite, procedures to increase physical distancing, and details on good sanitation practices. We encourage you to reference this valuable resource, and take the time to update your Injury and Illness Prevention Program (IIPP) to include preventing the spread of COVID-19 in the workplace.

In addition, the Colusa County Public Health Division remains ready to address any issues, questions, or concerns related to COVID-19, and is available to provide specific guidance, recommendations, and assistance with isolated lodging (colusacovid19@countyofcolusa.com).

We thank you for your diligence in protecting the lives and welfare of the Colusa County community.

Resources

- Colusa County Public Health Flyer: Attached
- California Department of Industrial Relations Division of Occupational Safety & Health (CAL-OSHA) Safety and Health Guidance: COVID-19 Infection Prevention for Agricultural Employers and Employees: <https://www.dir.ca.gov/dosh/Coronavirus/COVID-19-Infection-Prevention-in-Agriculture.pdf>
- Colusa County Public Health Division: <https://www.countyofcolusa.org/99/Public-Health>
- Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- California Department of Public Health: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>
- Coronavirus (COVID-19) in California: <https://covid19.ca.gov/>

WHAT IS COVID-19?

COVID-19 is a respiratory illness caused by a new coronavirus. It is spread person-to-person mainly through respiratory droplets when coughing or sneezing. Persons without symptoms may also spread the virus. Persons who are older or who have pre-existing medical conditions may be affected more severely. There is no specific treatment for COVID-19.

Watch for symptoms

Symptoms may appear 2-14 days after exposure. If you are sick, stay home except to get medical care.

- **Fever**
- **Cough**
- **Shortness of Breath**
- **Sore Throat**
- **Headache**
- **Chills**
- **Muscle Aches**
- **Abdominal Pain**
- **Nausea/Vomiting**
- **Diarrhea**

ADDITIONAL RESOURCES

Centers for Disease Control and Prevention
<https://www.cdc.gov>

California Department of Public Health
<https://www.cdph.ca.gov>

CONTACT US

 Public Health
(530) 458-0380

 Human Services
(530) 458-0250

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Public Health
Prevent. Promote. Protect.

CORONAVIRUS COVID-19



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STAY HOME IF YOU ARE SICK

If you have mild symptoms (not sick enough to be hospitalized):

- Self-isolate at home
- Avoid close contact with others
- Stay home for
 - at least seven days from the start of symptoms, AND
 - at least 72 hours after fever is gone, AND
 - until respiratory symptoms have improved
- Do not visit public areas or use public transportation or taxis



SEVERE SYMPTOMS

- If you have severe symptoms, call your healthcare provider immediately.
- Call ahead so you can be safely evaluated to prevent exposing others.
- Your healthcare provider will evaluate you and determine the best course of action for your illness.

STAY HEALTHY STAY PROTECTED

You can follow these steps to stop the spread of the disease:



- Isolate at home and practice social distancing (about 6 feet)
- Wash your hands often with soap and water for at least 20 seconds
- Avoiding touching eyes, nose or mouth with unwashed hands
- Cover your cough or sneeze with a tissue or your elbow
- Stay home if you feel sick
- Clean and disinfect frequently touched surfaces daily

IMMIGRATION STATUS: YOU ARE PROTECTED



You have the right to receive medical attention regardless of your immigration status.

HEALTH CARE PROVIDERS

AMPLA Health - Arbuckle
89 Putnam Way
Arbuckle, CA 95987
Ph: 530-458-8635

AMPLA Health - Colusa
555 Fremont St.
Colusa, CA 95932
Ph: 530-458-8635