



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

December 14, 2021

At Colusa County Department of Behavioral Health
Sunshine Room
162 E. Carson St., Colusa, CA 95932
and via Zoom

1. Meeting was called to order at 3:03pm
2. Establish Quorum
 - a. Those in attendance: Diane Bransford, Noel O’Neill, Audrey Uhring, Heather Bullis-Cruz, Mayra Puga, Bessie Rojas, Jeannie Scroggins
 - b. Not in attendance: Walter Osbourn, Robert Wilson, Daurice Kalfbeek-Smith, Cindy Pilaczynski
 - c. ***Quorum not established***
3. Public Comment: None
4. Old Business
 - a. Data Notebook – reported by Ms. Puga
 - i. The California Behavioral Health Planning Council encourages each county to report performance outcomes annually. Each year the council selects questions and topics that are not covered by another monitoring agency to help generate feedback about the state’s behavioral health system. This information is then given to the Governor with recommendations on how to update legislation as needed to better serve the public.
 - ii. Please see Attachment A for the Data Notebook with specific questions from the council and answers from Colusa County
 - iii. Questions: Ms. Bransford inquired why question 20 was not answered to which Ms. Puga then clarified the response. Ms. Bransford asked that a copy of the Data Notebook be sent out to the Board. Ms. Bransford wondered if the number of bed days for an Adult Residential Facility placement was high in comparison to other counties. The bed days averaged at 149.88 days/person with a total of 26 persons receiving this service. Mr. O’Neill asked for



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Ms. Bransford's approval to submit the data back to the California Behavioral Health Planning Council to which she approved.

5. New Business

- a. Mr. O'Neill spoke of two possible new midyear Mental Health Services Act (MHSA) plans to develop in order to spend down dollars and mitigate the risk of reversion of MHSA Prevention and Early Intervention (PEI) funds and MHSA Community Supports and Services (CSS).
 - i. For the potential new PEI program, CCBH will look to bring in a contractor to assist with the CalAim initiative. The Department of Health Care is rolling out CalAim in January 2022, which includes "in-lieu services" as an added Medi-Caid benefit. The County and the Managed Care Plans of Anthem Blue Cross and California Health and Wellness will partner to support these additional services like enhanced case management and additional community supports.
 - ii. For the new potential CSS program, CCBH hopes to negotiate with Tri County Community Action program to enter into a contract for housing property management.

6. Approval of Minutes

- a. Ms. Bransford motioned to approve past month's (August, September, and October) minutes. Mr. O'Neill asked that staff second the motion to approve in order to move forward into the next year. All present staff gave approval of the minutes

7. MHSA Update

- a. Ms. Puga provided information on MHSA's Spotlight. December's Spotlight focused on our new Innovation Program; Social Determinants of Rural Mental Health, which is an outreach and engagement project. CCBH has met with California Institute for Behavioral Health Solutions (CIBHS) to identify ways of moving this project along. A soft implementation of the program will begin on 1/1/2022 with a hard launch date of 3/1/2022.
- b. CCBH's MHSA Audit was held in June 2021 and the State Department of Health Care Services (DHCS) has recently issued compliance deficiencies. The MHSA team is working to submit a corrective action plan to DHCS by 12/28/2021.
- c. WET funding – regional quarterly meetings have been held due to a replenished source of WET funding. CalMHSA has provided CCBH with a Participation Agreement for loan repayment, stipend, and scholarship



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opportunities. The Department of Health Care Access and Information (HCAI), formerly The Office of Statewide Health Planning and Development (OSHPD), will match Colusa's WET funding, but CCBH is currently unaware of the allocation amount. Flyers will soon be available and distributed.

- d. CCBH's Cultural Competency Three Year Plan is due on 12/31/2021. DHCS has also requested a red line version this year with an analysis of progress towards goals. The goals being developed for this plan will focus on expanding our SUD program to include bilingual staff, providing annual all-staff training around cultural competency, creating and providing a support group for LGBTQ+ youth, and having the Cultural Competency Committee host a cultural outreach event for the community. Ms. Puga discussed the ideas for the upcoming all-staff training in quarter three which may include a client cultural training or a medication training.

8. Interim Director's Report

- a. Mr. O'Neill has submitted an application for a MHSSA grant which would award \$2.5 million over four years so that one clinician can work within each school district within the county and allow for a Mental Health Specialist to be deployed where needed. The MHSSA grant is non-competitive. CCBH will have a meeting with the Oversight and Accountability Commission (who oversees the grant) next week.
- b. The Youth Center and Innovation building is currently being painted. CCBH plans to take occupancy on 1/1/2022. The next step is to order furniture for these new programs.
- c. The Adult Residential Facility has obtained a 9 bed use permit from the City of Williams. There is a four-page list of upgrades and remodels that need to be completed. In January 2022, CCBH hopes to put out a Request for Proposal.
- d. The Colusa County Board of Supervisors approved two resolutions for No Place Like Home. We are hoping to start construction in Spring 2023 on the land by the Assembly of God Church. This apartment complex will consist of 49 units, with 15 units set aside for CCBH Full Service Partnership clients.
- e. Dr. Toribio is retiring at the end of this month. Consumers trust and like him so the transition will be difficult. Traditions Behavioral Health has given 3 days per week for telehealth psychiatrists. CCBH has a call on 12/17 to discuss with Kingsview the possibility of have a virtual Medical Director and to inquire about additional psychiatric hours/appointments.



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- i. Ms. Bransford asked, “Is a virtual medical director allowable by the plan? Is this temporary until we get someone in house?” Mr. O’Neill replied, “Our goal is to find the right Doctor who wants to be in-house. We have not received any applicants yet, but it is the highest paid job in the county”.

9. Program Integrity

- a. Ms. Bullis-Cruz emailed out her report. September, October, and November data shows that there was been a decrease in intakes in November. The average days wait for an intake appointment is 6 days. “Everything else was cut in half”. Ms. Scroggins mentioned that some intakes take place on Thursdays and in November there were two holidays that fell on a Thursday which may explain the decrease.
- b. Ms. Bullis-Cruz reported that she learned a lot more about compliance tasks from the recent Triennial that took place. She will be sending out emails and notifications of compliance issues more frequently and already sent one out today asking for staff to report any concerns or issues around fraud, waste, and abuse.

10. Quality Assurance

- a. Ms. Rojas has completed her report for October and November data though did not include all members on the email that was sent. She will send the report out after the meeting.
- b. CCBH has finished all State audits that were scheduled for this calendar year.
 - i. Additional evidence was submitted back after the Triennial. CCBH is awaiting to see if findings result in a corrective action plan.
 - ii. Our SUD audit was held last week. Additional evidence needs to be submitted back by this Friday.
 - iii. The Ongoing Compliance Audit was held at the end of November. Compliance pieces were taken out of the Triennial protocol but are now included in this audit which will occur on an annual basis.
- c. There will be changes to Network Adequacy and CalAIM coming up in the new year.

11. PRA Report

- a. In Ms. Pilaczynski absence, it was reported that there were 3 grievances for October: staff’s rude behavior when scheduling, confidentiality breach, and miscommunication regarding appointment scheduled. All grievances



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were resolved resulting in staff being talked to about their rude behavior, no confidentiality breach was found, and the correct appointment time was better communicated.

12. Safe Haven Report

- a. CCBH is awaiting the arrival of furniture for Safe Haven. We are finalizing our Policy and Procedures and operating guidelines. Appliances are installed. Peer Support Groups are occurring at Safe Haven on Tuesday through Thursday with the hope of adding more groups soon.

13. State Required Contract Review: No report

14. Chairperson's Report: Ms. Bransford stated, "There is a lot of movement happening. It's exciting!" It was also stated that the Board has vacant positions that need to be filled.

15. Board of Supervisor Report: No report

16. Adjournment – Meeting adjourned at 4:12pm