



# County of Colusa

## Department of Behavioral Health

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**FOR IMMEDIATE RELEASE**

**For More Information:**

WENDY TYLER  
COUNTY ADMINISTRATIVE OFFICER  
Colusa County  
(530) 458-0508

### **Colusa County Behavioral Health Hosts Safe Haven Wellness & Recovery Center Open House**

*Community Invited to Attend Event Program and Tour New Facility*

**(COLUSA, CA) March 28, 2022** – Colusa County Behavioral Health will be hosting an Open House at Safe Haven Wellness & Recovery Center’s (Safe Haven) new location in Colusa. Safe Haven is a peer supported drop-in center that serves adults and seniors in recovery from substance abuse, dealing with mental health issues, and/or avoiding isolation. The County-run program provides its members with access to wellness groups, a food pantry, clothing closet, and computer lab, and connects members with county-supported case management services.

The Open House will commence at 1:00pm with refreshments and a brief program to be followed by guided tours, information on the various wellness groups and membership policy, and an introduction to the Safe Haven Peer Support Specialists. The public is invited to attend to learn more about Safe Haven’s mission and programs.

**Date:** April 5, 2022 (Tuesday)  
**Time:** 1:00pm – 4:00pm  
**Location:** Safe Haven Wellness & Recovery Center  
124 East Webster Street  
Colusa, CA 95932

Safe Haven provides a number of recovery and resiliency focused groups run by peers and Colusa County Behavioral Health staff. A Peer Support Specialist is funded to provide support in linking members to other services in the community through collaboration and outreach events, which allow for increased awareness around mental health and reduce stigma and discrimination in the community. Members can also participate in the Leadership Advocacy Committee, to aid in the day-to-day operation of the center. This allows for growth in leadership skills and peer advocacy.

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