

"One small step is worth more than a thousand steps planned."

"Successfully breaking free from addiction requires taking it one step at a time. You don't have to get it right immediately."

"Don't let the past steal your present."

"Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending."

The Journey Begins Here

Contact Us

Monday - Friday 8:00AM to 5:00PM

162 East Carson Street

Colusa, CA 95932

Phone: 530-458-0520

Fax: 530-458-7751

Website: www.countyofcolusa.org

24 Hour Crisis Line: 1-888-793-6580



Substance Use Disorder Program

Colusa County Behavioral Health

ABOUT US

The Colusa County Department of Behavioral Health Substance Use Disorders Program is committed to serving individuals and families affected by alcohol and/or substance use. Our goal is to prevent, educate, and encourage. There is no fee for services and we serve all Colusa County residents.

We offer a variety of services including:

- Individual Counseling
- Group Counseling
- Perinatal Services
- Assistance with Referrals and Residential Treatment
- Prevention Services
- Medication Assisted Treatment



WHAT WE DO

INTAKES AND ASSESSMENTS

A Licensed Marriage Family Therapist, Certified Substance Use Disorders Counselor, or Psychiatrist will schedule an intake with the individual. These intakes are done weekly.

CASE MANAGEMENT AND MORE

Case management including transportation is offered daily. Individual counseling is offered as needed. Residential and Sober Living are offered out of county for clients needing this service.

PERINATAL SERVICES

If you are pregnant or a parenting mother and in need of support we provide a priority access for treatment and a variety of perinatal services. Please do not hesitate to contact us for this service, we are here to help. For more information on these services simply ask a staff member and they will guide you to the right person.

WEEKLY GROUPS

- **Moral Reconciliation Therapy (MRT)**
 - Mondays 1:00PM to 3:00PM
 - Tuesdays 3:00PM to 4:30PM
- **Parenting Group**
 - Tuesdays 1:00PM to 2:30PM
 - Thursdays 9:00am to 10:30am
 - En Español
 - Thursdays 4:30pm to 6:00pm
 - En Español
- **Anger Management**
 - Wednesdays 4:00PM to 5:00PM
- **Ask About Our Safe Haven Wellness & Recovery Groups**

RESIDENTIAL TREATMENT

Colusa County Behavioral Health contracts with residential treatment centers if there is a need for a higher level of care. Colusa County Behavioral Health will arrange transportation, support during your residential stay and follow-up treatment after your discharge.

*Transportation resources can be provided upon request.

*Services are provided in the individuals preferred language.
