"One small step is worth more than a thousand steps planned."

"Successfully breaking free from addiction requires taking it one step at a time. You don’t have to get it right immediately."

"Don’t let the past steal your present."

“Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”

The Journey Begins Here

Contact Us

Monday – Friday 8:00AM to 5:00PM
162 East Carson Street
Colusa, CA 95932
Phone: 530-458-0520
Fax: 530-458-7751
Website: www.countyofcolusa.org
24 Hour Crisis Line: 1-888-793-6580

Substance Use Disorder Program
Colusa County Behavioral Health
**WHAT WE DO**

**INTAKES AND ASSESSMENTS**
A Licensed Marriage Family Therapist, Certified Substance Use Disorders Counselor, or Psychiatrist will schedule an intake with the individual. These intakes are done weekly.

**CASE MANAGEMENT AND MORE**
Case management including transportation is offered daily. Individual counseling is offered as needed. Residential and Sober Living are offered out of county for clients needing this service.

**PERINATAL SERVICES**
If you are pregnant or a parenting mother and in need of support we provide a priority access for treatment and a variety of perinatal services. Please do not hesitate to contact us for this service, we are here to help. For more information on these services simply ask a staff member and they will guide you to the right person.

**WEEKLY GROUPS**

- **Moral Reconciliation Therapy (MRT)**
  - Mondays 1:00PM to 3:00PM
  - Tuesdays 3:00PM to 4:30PM

- **Parenting Group**
  - Tuesdays 1:00PM to 2:30PM
  - Thursdays 9:00am to 10:30am
  - En Español
  - Thursdays 4:30pm to 6:00pm
  - En Español

- **Anger Management**
  - Wednesdays 4:00PM to 5:00PM

- **Ask About Our Safe Haven Wellness & Recovery Groups**

**RESIDENTIAL TREATMENT**
Colusa County Behavioral Health contracts with residential treatment centers if there is a need for a higher level of care. Colusa County Behavioral Health will arrange transportation, support during your residential stay and follow-up treatment after your discharge.

*Transportation resources can be provided upon request.*

*Services are provided in the individuals preferred language.*