



RESOURCES

- **WIC Colusa: 530-458-5503**
 - Fresh Food Assistance
 - Breastfeeding Assistance
- **Health & Human Services: 530-458-0250**
 - Medi-Cal
 - CalFresh
 - General Assistance
- **Public Health: 530-458-0380**
 - Maternal, Child, Adolescent Health Program
 - California Children's Services
 - Oral Health Program
 - Lead Program
 - Tobacco Cessation Program
 - Car Seat Technicians
- **First 5: 530-458-5555**
 - Early Childhood Development
 - Screening Services
 - Linkage to Outside Resources

CONTACT US

Colusa County Behavioral Health
162 East Carson Street
Colusa, CA 95932
Phone: 530-458-0520
24 Hour Crisis Line 1-888-793-6580

PERINATAL SUBSTANCE USE DISORDER PROGRAM

Colusa County
Behavioral Health



GET THE
SUPPORT
YOU NEED.

PROTECT YOURSELF
AND YOUR UNBORN BABY.



ABOUT THE PERINATAL SUBSTANCE USE PROGRAM

Policies that punish pregnant women are harmful to mother and baby. We are here to support and help. When pregnancy specific needs are addressed from the start, improved treatment engagement and positive outcomes are the result. We encourage pregnant women who are dealing with substance abuse to seek prenatal care and substance use treatment.



WE FOCUS ON BOTH
SUBSTANCE USE AND
MENTAL HEALTH DISORDER
INTERVENTION TO
STRENGTHEN PREVENTION
AND EXPAND ACCESS TO
SUBSTANCE USE TREATMENT
AMONG PREGNANT WOMEN

PREGNANCY SERVICES

• PRENATAL SUPPORT

Addiction is a chronic medical condition for mother and potentially for baby. A licensed clinical staff member will discuss evidence-based treatment plans tailored to your unique needs. We have the ability to connect you with outside resources.

• YOU HAVE OPTIONS

Access to family planning, access to adoption assistance, linkage to pregnancy support and postpartum support. Parenting classes are available. We can also meet you in the comfort of your own home.

• POSTPARTUM SUPPORT

Substance use treatment doesn't end when you give birth. We are committed to continuing care to make a life lasting positive change. Ask about our adult substance use disorder program. We offer connection to a certified car seat technician.

• CHILDCARE

We arrange childcare during your appointment. Please let us know if you will need this service.