Who We Are

Colusa County Department of Behavioral Health employs providers who can assist you with your mental health and substance abuse treatment needs. On staff we have Psychiatrists, Licensed Psychiatric Technicians, Licensed Marriage and Family Therapists and associates, Licensed Social Workers and associates, Certified Alcohol and Drug Counselors, Mental Health Specialists, Case Managers, and Peer Support Specialists.

We are committed to caring for our clients by providing quality treatment, promoting autonomy, keeping confidentiality, and respecting clients' rights.

Our goals include:

- Improving access to behavioral health services
- Working with you and other health care providers to arrange quality care for you
- Sensitivity to each client’s needs and respectful treatment
- Providing treatment to address each person's unique needs and symptoms
- Promoting & destigmatizing mental illness and substance use disorders

Contact Us

Call us today to schedule an appointment or to see if you qualify for our services. Walk-in appointments may be available.

Address:
162 East Carson St.
Colusa, CA 95932

Telephone:
530-458-0520

Hours:
Monday - Friday
8:00am to 5:00pm

24 Hour Crisis Line:
1-888-793-6580

Website:
www.countyofcolusa.org

Facebook:
Colusa County Behavioral Health

COLUSA COUNTY
DEPARTMENT OF
BEHAVIORAL
HEALTH
Client Services

Assessment
An assessment of your emotional and behavioral functioning, including a mental status exam.

Crisis Intervention
A fast response service enabling the individual to cope with a crisis and remain in the community. If determined that the individual needs a higher level of care, then acute hospitalization will be arranged.

Intensive Care Coordination
Services for youth are accessed, coordinated and delivered in a strength-based, family driven, and culturally/linguistically relevant manner so that services and supports are guided by the needs of the youth.

Intensive Home-Based Services
Strength-based interventions designed to improve mental health conditions that interfere with a youth’s functioning and that lead to stable functioning in the home and community.

Medication Support Services
Meeting with a psychiatrist for a medication evaluation to determine if prescribing, administering, dispensing, and monitoring of psychiatric medication if appropriate.

Mental Health Services
Therapy, rehabilitation, collateral, plan development, and case management services are provided for youth and adult populations.

Substance Abuse Treatment
Certified Drug and Alcohol Counselors can provide outpatient drug free treatment or link you to intensive outpatient treatment, perinatal services, and/or a narcotic treatment program.

Therapeutic Behavioral Services
Intensive, short-term outpatient treatment interventions for clients up to age 21. These individuals have serious emotional disturbances.

Additional Services
Behavioral Health has both an Adult System of Care and a Childrens System of Care. These care teams will work with you, and your child or family, to provide the services that are right for you. If your needs fall outside of the services we offer at our clinic, then we will make a referral to an outside agency and arrange for treatment which may include:

- Crisis Stabilization
- Crisis Residential Treatment
- Adult Residential Treatment
- Children’s Crisis Residential Treatment
- Day Treatment Intensive
- Day Rehabilitation
- Therapeutic Foster Care
- Psychiatric Health Facility
- Psychiatric Inpatient Hospital

Frequently Asked Questions

What are your business hours?
Our office is open Monday - Friday from 8:00am to 5:00pm excluding major holidays.

Do you accept private insurance?
Currently we do not. We only accept Medi-Cal and Medi-Care. Don’t hesitate to call us as we may be able to refer you to outside resources.

Can I choose my therapist?
You may inform the staff completing your initial assessment, or front office staff, that you would like to choose the person who will be providing your service. You may also request a change of staff assigned to you. Whenever possible, your request will be honored.

What if I’m not quite ready for professional help?
Behavioral Health operates an adult drop-in center called Safe Haven, as well as a youth center called Bright Vista. You do not need to be a client of behavioral health services to participate in these peer led programs. They are also free of charge to any community member.